



**Opti Area B
Riverside Yacht Club
Sunday July 15, 2018
Riverside Yacht Club 102 Club Road, RIVERSIDE CT 06878**

SAILING INSTRUCTIONS

Abbreviations:

PC	– Protest Committee	RC	– Race Committee
OA	– Organizing Authority	SI	– Sailing Instructions
RRS	– Racing Rules of Sailing	JSA	– Junior Sailing Association of LIS
NOR	– Notice of Race		

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.
- 1.3 The following RRS optional rules will apply:
 - a) Appendix V2, Penalty Taken After a Race, will apply.
- 1.4 Racing Rules of Sailing (RRS) listed below are changed as follows.
 - a) RRS 64.4 (b) is changed to require a hearing before any action is taken.
 - b) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the West Lawn.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SIs will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.
- 3.2 Any change in the harbor start or first warning signal will be posted no later than the end of the protest time on the day before the changes take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole. The harbor start will be signaled by one gun from the Race Committee Signal Vessel. No boat shall leave the dock or beach until the harbor start has been signaled.

5 SCHEDULE OF RACES

- 5.1 As many races as possible races are scheduled.
5.2 The racing schedule is as follows:

Time	Activity	Location
8:00 -10:00am	Registration	Parking Lot
8:00 -10:00am	Safety check	Beach/Dock/Carpeted Parking Lot
9:40am	Instructors Meeting	Front Lawn
10:00am	Competitors Meeting	Front Lawn
10:30am	Harbor Start	Front Lawn
11:30am	First Warning Signal	Captains Harbor
	Lunch	On the water
After Racing	Presentation of awards	Front lawn

- 5.3 No warning signal will be made after 3:30pm on Sunday July 15, 2018.

6 CLASS FLAGS

The class flags will be:

Opti Red Fleet	Red Flag
Opti Blue Fleet	Blue Flag
Opti White Fleet	White Flag

7 RACING AREA

The racing area will be within Great Captain Harbor and will be described at the Skippers' Meeting.

8 THE COURSE

- 8.1 SI Addendum 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.
8.2 If one of the gate marks (mark 3P or 3S) is missing, boats shall round remaining mark 3 to port.

9 MARKS

- 9.1 Rounding marks 1, 2, 3P and 3S will be orange tetrahedrons.
9.2 The starting marks will be two RC boats on each end of the starting line displaying yellow flags.
9.3 The finishing marks will be an RC boat displaying a red flag and a yellow inflatable shaped buoy at the port end.

10 THE START

- 10.1 Races will be started by using Appendix U.

<u>Signal</u>	<u>Time</u>	<u>Sound</u>	<u>Visual</u>
Warning	3 minutes	3 long blasts	Class Flag hoisted (Red, +/-or Blue, +/-or White)

Preparatory	2 Minutes	2 long blasts	Flag “P, I Z or Black Flag” hoisted
	1.5 minutes	1 long 3 short	
	1 minute	1 long blast	Flag “P, I, Z or Black Flag” lowered
	30 seconds	3 short blasts	
	20 seconds	2 short blasts	
	10 seconds	1 short blast	
	5-1 seconds	1 short blast each second	
	0	1 long blast	Class flag(s) lowered

- 10.2 A boat starting later than five minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4. Rounding marks 1, 2, 3P and 3S will be orange tetrahedrons.
- 10.3 The starting line will be between a staff displaying a yellow flag on the starboard end RC boat and a staff displaying a yellow flag on the port end RC boat.
- 10.4 A series of short sounds will be used to call attention just before each warning signal.
- 10.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2 If code flag “I” and/or “Z” and/or “U” or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before the starting signal.
- 11.3 Failure of the RC’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

12 THE FINISH

- 12.1 The finishing marks will be a RC boat displaying a red flag and a yellow inflatable shaped buoy at the port end.
- 12.2 Immediately after finishing all boats shall clear the finishing area, leaving top corridor buoy to starboard.

13 TIME LIMITS

- 13.1 Time limits for the first boat in each class to finish shall be 60 minutes.
- 13.2 Boats failing to finish within 20 minutes after the first boat in their class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the sum of the number of finishes plus 2 points. But not worse than DNF. (This changes rules 35, A4 and A5)

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Immediately after finishing a race, without consultation with the instructors, coaches or spectators, a boat shall notify the race committee boat at the finish of its intention to protest another boat and (if possible) provide the sail number of the protested boat.

- 14.2 A protesting boat does not need to lodge a written protest. (This changes rule 61.2)
- 14.3 For each class, protests will be posted promptly on the notice board after the RC signal boat docks.
- 14.4 Competitors will be informed of hearings in which they are parties or named as witnesses as soon as practicable after the protests have been posted by the RC. Hearings will be held in the protest room as soon as practicable.
- 14.5 Notices of protests by the RC, technical committee or PC will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 14.6 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily “schedule of protest hearings” that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 14.7 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit (15 minutes after the RC signal boat docks), a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2.
- 14.8 Protests under SI 4.2, 18 and 19 may be made only by the RC or PC.
- 14.9 Protests regarding infractions of JSA rules or SI 10, 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC. Please see JSA Rule 4.

15 SCORING

- 15.1 The Race Committee will run as many races as is reasonably possible. One race is required to be completed to constitute a series.
- 15.2 The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply except that a boat’s series scores shall be the sum of her scores for all races.
- 15.3 Divisions that start together will be scored separately by fleet.
- 15.4 A scoring penalty may be assigned by the RC for any boat that breaks SI 16.2 (Safety Check In and Check Out). This may be a 10 point scoring penalty assigned without a hearing.

16 SAFETY REGULATIONS

- 16.1 Each competitor and instructor/coach shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1.
- 16.2 **Check In and Check Out** – All competitors shall be assigned, wear during racing and return after retirement or the conclusion of racing a numbered wristband issued by Riverside Yacht Club. All sailors must sail between the green #7 channel buoy (described in the skippers meeting) and the anchored boat to check in on their way to the Racing Area. At the conclusion of racing, subject to section 16.3 below, all competitors returning to Riverside Yacht Club must, once on shore, check in by turning in their numbered wristband to sign-in officer at the entrance to the west lawn of Riverside Yacht Club.
- 16.3 If a sailor retires, the sailor’s instructor shall notify the RC AND the Safety Officer on Channel 69 until acknowledged by the RC and Safety Boat.
- 16.4 If an instructor is not returning his or her team to Riverside Yacht Club upon the conclusion of racing (or earlier), said instructor shall notify the RC AND the Safety Officer on Channel 69 until acknowledged by the RC and Safety Boat and the instructor must return the all sailors’ numbered

wristbands to the RC or the Safety Boat prior to being released from the racing area.

17 SUPPORT VESSELS

- 17.1 Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 17.2 Coaches and support personnel shall monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

18 TRASH DISPOSAL

Boats shall not intentionally put trash in the water. Trash may be placed aboard support or official boats.

19 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

Addendum 1 – Race Course and Restricted Areas

Important note: Mark colors and shapes are illustrative only.

